



BREAKFAST

sourdough toast, selection of butter, preserves, vegemite, peanut butter V/VG	6
house made banana bread, honey butter V	6
breakfast berry parfait, isles granola, berry yoghurt & seeds V	15
eggs your style, toasted sourdough V/GFO	14
avocado on house coal ciabatta, buffalo mozzarella, confit tomato, crispy sourdough crumb VGO/GFO	15
spicy lamb mince, crispy polenta, poached eggs, & charred corn GF	17
crab omelette w house sourdough GFO	19
isles benedict, crispy potato cake, broccoli, crisp kale, poached eggs & hollandaise GF	18

EXTRAS

2 eggs / oven dried tomato	4
mushrooms / avocado / halloumi	5
smoked salmon / bacon	5

VG/VGO vegan / vegan option available by request

GF/VGO gluten-free / gluten-free available by request

V vegetarian DF dairy free

COFFEE & JUICE

freshly squeezed apple or orange juice small / large	6/8
iced latte / long black	6
latte / flat white / cappuccino / long black small / large	4/5
macchiato / espresso	4
extra shot / specialty milks / syrups	0.5